

OWNER:
PET NAME:
DATE:

Glacier Peak Holistics®
Pet Wellness Life Stress Scan

Items Highlighted in RED
are Stressors and Triggers

Veterinarian:	Store:	Specie: Dog	Breed: Boxer/ Lab
Pet's Current Diet:	Kibble	Raw	Home Cooked
	Canned	Other/Unknown	Sex: Female
			Age: 12

Food Panel - Some items on this panel can be toxic for pets. We encourage you to research toxic foods for pets before feeding raw , home-cooked or other "people" food.

Proteins	Legumes	Vegetables	Fruit	Nuts and Seed	Spices	Misc. Items
Beef	Adzuki Bean	Artichoke	Spinach	Almond*	Allspice	Bakers Yeast
Bison / Buffalo	Black Turtle Bean	Asparagus	Sprouts (bean)	Brazil Nut	Anise	Basil
Elk	Black Eyed Pea	Avocado*	summer (squash)	Cashew	Cinnamon	Beet Pulp
Goat	Fava Bean	Beet	winter (squash)	Banana	Coriander	Brewers Yeast
Kangaroo	Garbanzo/Chickpea	Bok Choy	Sweet Potato	Blackberry	Curry	Carob
Lamb	Great Northern Bean	Broccoli	Tomato	Blueberry	Ginger	Coffee
Llama	Kidney Bean	Brussel Sprouts	Turnip	Boysenberry	Hops	Garlic
Moose	Lentils	Cabbage	Zucchini	Cantalope	Mint	Gluten
Pork / Ham	Lima Bean	Carrot		Coconut*	Mustard	Honey
Rabbit	Navy Bean	Cauliflower	Grain	Cranberry	Nutmeg	Kelp
Venison	Peanut / Oil	Celery	Amaranth	Currant	Paprika	Malt
Yak	Pinto Beans	Chile Pepper	Barley	Dates	Rosemary	Molasses
	Green Pea / Split Pea	Collard Greens	Buckwheat	Fig	Sage	Nutritional Yeast
Poultry		Cucumber	Corn	Grapefruit	Soy - Lecithin *	Parsley
Chicken / Egg	Oils	Eggplant	Millet	Honeydew	Sunflower Seed	Sugar
Duck / Egg	Canola	Green Beans	Oat	Kiwi	Walnut	Additives
Emu	Cottonseed	Green Pepper	Quinoa	Lemon		Black Pepper
Goose	Fish	Jicama	Rice / White *	Lime	Chondroitin	Casein
Guinea	Krill	Kale / Chard	Rice / Brown *	Mango	Glucosamine	Distilled Vinegar
Ostrich	Menhaden Fish	Lettuce	Rye	Nectarine		Ethoxyquin
Quail / Pheasant	Safflower	Mushroom	Spelt	Orange		Food Colorings
Turkey	Salmon	Mustard Green	Wheat	Papaya		Food Preservatives
	Sesame Seed Oil	Napa Cabbage		Peach		Gelatin
	Sunflower Seed Oil	Okra	Milks / Dairy	Pear		Montmorillonite Clay
	Vegetable	Olive *	Dairy Milk ***	Pineapple		Nutrasweet
Fish		Parsnip	Goat Milk ***	Plum		Salt
Anchovy*	Pollock	Potato	Sheep Milk ***	Quince		Yeast Culture
Cod*	Salmon*	Pumpkin / Seed	Cheese	Raspberry		
Fish Meal*	Sardine	Radish	Cottage Cheese	Rhubarb		
Haddock	Shark	Red Pepper	Whey	Strawberry		
Herring*	Shellfish **		Yogurt	Watermelon		
Mackerel	Tuna					
Menhaden Fish *	Trout					

*Describes the food source including oils, waters, milks
**Clam, Crab, Lobster, Mussels, Oysters, Shrimp
***Pasteurized

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Petro Chemical	Enviro Chems	Insects	Weeds/ Flowers	Grasses	Trees	Pollens	Dust
Alcoloid	Alcohol (rubbing)	Ants	Burdock	Alfalfa	Ash	Alfalfa	Chalk Dust
Benzol	Ammonia	Bee	Dandelion	Barley Grass	Aspen	Cocklebur	Dust (airborne)
Chloroflor	Asbestos	Cockroach	Dill Weed	Bear Grass	Beech	Dandelion Flower	Dust (carpet/upholstery)
Dry Cleaning	Benzene (cosmetics)	Flea	Dock Sorrel	Bermuda	Birch	Flower	Flock dust
Exhaust Fumes	Borax	Mites	Foxtail	Brome	Cedar / Shavings	Hazel	Straw/Hay dust
Furniture Stripping	Chlorine	Mosquito	Lupine	Centipede	Cottonwood	Heather	Misc.
Hexane*	Cleaning Products	Spider	Nettle	Crabgrass	Cypress	Honeysuckle	Cigarette Smoke
Industrial	Cleaning Solvents	Tick	Plantain	Fescue	Elder	Laburnum	Coal - Asphalt
Methylene/Chloride	Construction	Wasp	Rag Weed	Goldenrod	Elm	Mugwort	Down/Feathers
Methlethyl Ketone	Cosmetics	Black Fly	Red Clover	KY Blue Grass	Hawthorn	Nettle	Horse
Motor Oil	Formaldehyde		Sagebrush	Johnson	Hickory	Oleander	Mouse Fur
Natural Gas	Glyphosate		Thistle	Orchard	Juniper	Olive	Wood Smoke
Paint	Kapok / Stuffing			Privet	Maple	Plane	Wool
Phosphorous	Laundry Soap			Red Top	Marshelder	Prickly Pear	
Plastic	Perfume			Rye	Mesquite	Pussy Willow	Noxious Energy
Polypropylene	Sulfate			Sweet Grass	Mulberry	Red Clover	Electronics ****
Polyurethane	Toluene ***			Sweet Vernal	Oak		
Propylene glycol**				Timothy	Palm		
Porphyrin					Pine		
Sterol					Poplar		
Sulfyl					Redwood		
Tetra Chloride					Walnut		
Vinyl							
Wood Alcohol							
Xylene							

Disclaimer - The information provided by this scan is intended for educational and nutritional purposes only and is not intended to diagnose, treat, cure, or prevent any disease. It is not intended as conventional veterinary medical practice advice or to replace the advice or attention of certified veterinarians. You may wish to consult your holistic veterinarian before beginning or making changes in your pets' diet, nutritional supplementation or exercise program. The statements on this scan have not been evaluated by the Food and Drug Administration nor are they approved by the Board of Veterinary Medicine. If you do not have a Holistic Veterinarian, you can find one in your area by visiting <http://www.ahvma.org/>

* Used as a solvent in the extraction of oil from seeds (soybean, cottonseed, flaxseed, safflower seed and others).
 ** Used as a humectant, solvent and preservative in food and shampoo
 *** most common in paint thinners
 ****Cell Phones/Portable Phones, Computers, Home Theaters, Microwaves, Stereo Systems, Televisions, etc.

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